

THE TWELVE STEPS

1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
2. We came to believe that a Power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God as we understood Him.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. We were entirely ready to have God remove all these defects of character.
7. We humbly asked Him to remove our shortcomings.
8. We made a list of all persons we had harmed and became willing to make amends to them all.
9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
10. We continued to take personal inventory and when we were wrong promptly admitted it.
11. We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

THE TWELVE TRADITIONS

1. Our common welfare should come first; personal recovery depends on NA unity.
2. For our group purpose there is but one ultimate authority— a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for membership is a desire to stop using.
4. Each group should be autonomous except in matters affecting other groups or NA as a whole.
5. Each group has but one primary purpose—to carry the message to the addict who still suffers.
6. An NA group ought never endorse, finance, or lend the NA name to any related facility or outside enterprise, lest problems of money, property, or prestige divert us from our primary purpose.
7. Every NA group ought to be fully self-supporting, declining outside contributions.
8. Narcotics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.
9. NA, as such, ought never be organized, but we may create service boards or committees directly responsible to those they serve.
10. Narcotics Anonymous has no opinion on outside issues; hence the NA name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.
12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

Meeting Format Legend

BT	Basic Text	CL	Candlelight
D	Discussion	JT	Just for Today
O	Open	RF	Rotating Format
BK	Book Study	LC	Living Clean
CW	Children Welcome	IW	It Works -How and Why
To	Topic	HY	Hybrid
SPAD	A Spiritual Principle a Day		

CASPER

Sun NOON Noon Miracle Group , 12-24 Club, 500 South Wolcott Street, Casper, WY, 82601 (D)
Sun 6:00PM Breath of Life Group , 12-24 Club, 500 South Wolcott Street, Casper, WY, 82601
Mon NOON Noon Miracle Group , 12-24 Club, 500 South Wolcott Street, Casper, WY, 82601 (D)
Mon 7:00PM Wake Up Call Group , First United Methodist Church, 302 East 2nd Street, Casper, WY, 82601
Tue NOON Noon Miracle Group , 12-24 Club, 500 South Wolcott Street, Casper, WY, 82601 (D)
Wed NOON Noon Miracle Group , 12-24 Club, 500 South Wolcott Street, Casper, WY, 82601 (D)
Wed 7:00PM Wake Up Call Group , First United Methodist Church, 302 East 2nd Street, Casper, WY, 82601
Thu NOON Noon Miracle Group , 12-24 Club, 500 South Wolcott Street, Casper, WY, 82601 (D)
Thu 6:00PM Solutions Group , United Church of Christ, 701 South Wolcott Street, Casper, WY, 82601 (To)
Thu 8:00PM Hope not Dope Group , Saint Stephen's Episcopal Church, 4700 South Poplar Street, Casper, WY, 82601 (D,HY)
Fri NOON Noon Miracle Group , 12-24 Club, 500 South Wolcott Street, Casper, WY, 82601 (D)
Sat NOON Noon Miracle Group , 12-24 Club, 500 South Wolcott Street, Casper, WY, 82601 (D)

CHEYENNE

Sun 3:00PM Anchors Away , First Christian Church, Northeast Corner entrance, located in basement., 219 W 27th St., Cheyenne, WY, 82001 (D,O)
Sun 7:00PM Serenity Seekers , Grace United Methodist Church, 2950 Spruce Dr, Cheyenne, WY, 82001 (O)
Mon 10:30AM Anchors Away , First Christian Church, Northeast Corner entrance, located in basement., 219 W 27th St., Cheyenne, WY, 82001 (D,O)
Mon 6:00PM On Life's Terms , Unitarian Universalist Church of Cheyenne, 3005 Thomes Ave, Cheyenne, WY, 82001 (O,RF)
Tue 10:30AM Anchors Away , First Christian Church, Northeast Corner entrance, located in basement., 219 W 27th St., Cheyenne, WY, 82001 (D,O)
Tue 7:00PM Serenity Seekers , Grace United Methodist Church, 2950 Spruce Dr, Cheyenne, WY, 82001 (O,BK) <i>Living Clean The Journey Continues</i>
Wed 10:30AM Anchors Away , First Christian Church, Northeast Corner entrance, located in basement., 219 W 27th St., Cheyenne, WY, 82001 (D,O)
Wed 7:00PM On Life's Terms , Unitarian Universalist Church of Cheyenne, 3005 Thomes Ave, Cheyenne, WY, 82001 (O,RF)
Thu 10:30AM Anchors Away , First Christian Church, Northeast Corner entrance, located in basement., 219 W 27th St., Cheyenne, WY, 82001 (D,O)
Thu 7:00PM On Life's Terms , Unitarian Universalist Church of Cheyenne, 3005 Thomes Ave., Cheyenne, WY, 82001 (O,RF)
Fri 10:30AM Anchors Away , First Christian Church, Northeast Corner entrance, located in basement., 219 W 27th St., Cheyenne, WY, 82001 (D,O)
Fri 7:00PM Serenity Seekers , Grace United Methodist Church, 2950 Spruce Dr, Cheyenne, WY, 82001 (JT)
Sat 10:30AM Anchors Away , First Christian Church, Northeast Corner entrance, located in basement., 219 W 27th St., Cheyenne, WY, 82001 (D,O)
Sat 7:00PM Serenity Seekers , Grace United Methodist Church, 2950 Spruce Dr., Cheyenne, WY, 82001 (JT)

CODY

Mon 7:00PM Unity Group , Hybrid, Zoom ID: 726 428 528 / Password: 099890, 825 Simpson Ave., Cody, WY, 82414 (D,HY)
Wed 7:00PM Unity Group , Hybrid, Zoom ID: 726 428 528 / Password: 099890, 825 Simpson Ave., Cody, WY, 82414 (D,HY)
Fri 7:00PM Unity Group , Hybrid, Zoom ID: 726 428 528 / Password: 099890, 825 Simpson Ave, Cody, WY, 82414 (D,HY)

GILLETTE

Sun 2:00PM Refuge Group , Lakeway Professional Center, 201 W Lakeway Road Suite 511, Gillette, WY, 82718 (O,BK)
Mon NOON Refuge Group , Lakeway Professional Center, 201 W Lakeway Road Suite 511, Gillette, WY, 82718
Mon 5:30PM Refuge Group , Lakeway Professional Center, 201 W Lakeway Road Suite 511, Gillette, WY, 82718
Tue 6:00PM Refuge Group , Lakeway Professional Center, 201 W Lakeway Road Suite 511, Gillette, WY, 82718
Wed NOON Refuge Group , Lakeway Professional Center, 201 W Lakeway Road Suite 511, Gillette, WY, 82718
Wed 5:30PM Refuge Group , Lakeway Professional Center, 201 W Lakeway Road Suite 511, Gillette, WY, 82718
Thu NOON Refuge Group , Lakeway Professional Center, 201 W Lakeway Road Suite 511, Gillette, WY, 82718
Thu 6:00PM Refuge Group , Lakeway Professional Center, 201 W Lakeway Road Suite 511, Gillette, WY, 82718
Fri 5:30PM Refuge Group , Lakeway Professional Center, 201 W Lakeway Road Suite 511, Gillette, WY, 82718
Sat 7:00PM Refuge Group , Lakeway Professional Center, 201 W Lakeway Road Suite 511, Gillette, WY, 82718

GREEN RIVER

Sun 7:00PM Surrender to Win Group , Union Congregational Church, 350 Mansface Street, Green River, WY, 82935 (BK)
Thu 7:00PM Surrender to Win Group , Union Congregational Church, 350 Mansface Street, Green River, WY, 82935 (BK)

GREYBULL

Wed 7:00PM Greybull Group , Grace Fellowship Church, white church in the middle of block, 401 South 5th Street, Greybull, WY, 82426 (D)
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LANDER

Thu 7:00PM Lander Live and Let Live , Trinity Episcopal Church, 860 South 3rd Street, Lander, WY, 82520 (O,BK)
Sat 7:00PM Lander Live and Let Live , Trinity Episcopal Church, 860 South 3rd Street, Lander, WY, 82520 (CL,O)

LARAMIE

Sun 7:00PM Live From Laramie , Rm. 116, 1215 E. Gibbon St., Laramie, WY, 82072 (BT,O,BK)
Mon 7:00PM Live From Laramie , Rm. 116, 1215 E.Gibbon St., Laramie, WY, 82072 (D,O,SPAD)
Tue 7:00PM Live From Laramie , Rm. 116, 1215 E. Gibbon St., Laramie, WY, 82072 (D,O)
Wed 7:00PM Live From Laramie , Rm. 116, 1215 E. Gibbon St., Laramie, WY, 82072 (O,BK,IW)
Thu 7:00PM Live From Laramie , Rm. 116, 1215 E. Gibbon St., Laramie, WY, 82072 (O,BK,LC)
Fri 7:00PM Live From Laramie , Rm. 116, 1215 E. Gibbon St., Laramie, WY, 82072 (CL,D,O)
Sat 7:00PM Live From Laramie , Rm. 116, 1215 E. Gibbon St., Laramie, WY, 82072 (D,O)

LOVELL

Mon 7:00PM Message of Hope Group , Saint Joseph's Catholic Church, 1141 Shoshone Avenue, Lovell, WY, 82431 (O)
Wed 7:00PM Message of Hope Group , Saint Joseph's Catholic Church, 1141 Shoshone Avenue, Lovell, WY, 82431 (O)

PINEDALE

Thu 7:00PM Crossroads Group , Saint Andrew's In The Pines, 524 West Pine Street, Pinedale, WY, 82941 (CW)
Sat 7:00PM Crossroads Group , Saint Andrew's In The Pines, 524 West Pine Street, Pinedale, WY, 82941 (D,CW)

ROCK SPRINGS

Wed 8:00PM Serenity Group , Church Of Christ, 100 Clearview Street, Rock Springs, WY, 82901
Thu 7:00PM Serenity Group , Church Of Christ, 100 Clearview Street, Rock Springs, WY, 82901

SHERIDAN

Sun 7:30PM New Freedom Group , 215 West Works Street, Sheridan, WY, 82801
Mon 6:00PM New Freedom Group , 215 West Works Street, Sheridan, WY, 82801
Tue 7:30PM New Freedom Group , 215 West Works Street, Sheridan, WY, 82801 (D)
Wed 6:00PM New Freedom Group , 215 West Works Street, Sheridan, WY, 82801
Thu 7:30PM New Freedom Group , 215 West Works Street, Sheridan, WY, 82801
Fri 6:00PM New Freedom Group , 215 West Works Street, Sheridan, WY, 82801
Fri 7:30PM New Freedom Group , 215 West Works Street, Sheridan, WY, 82801 (CL,O,To)
Sat 7:30PM New Freedom Group , 215 West Works Street, Sheridan, WY, 82801

THERMOPOLIS

Tue 7:00PM Thermopolis Group , Water Treatment Plant, The Cottage 6th street adjacent to water treatment plant using the 8th street bridge, see google maps for directions, S. 6th Street St., Thermopolis, WY, 82443
Sat 7:00PM Thermopolis Group , Water Treatment Plant, The Cottage 6th street adjacent to water treatment plant using the 8th street bridge, see google maps for directions, S. 6th Street St., Thermopolis, WY, 82443