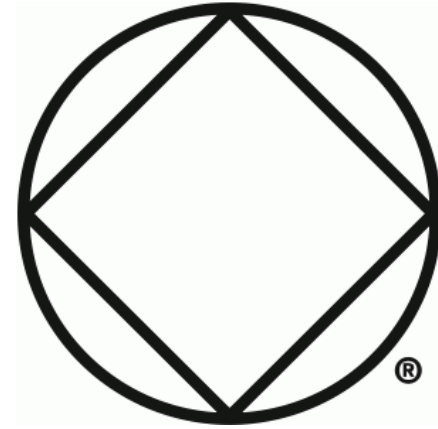


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NARCOTICS ANONYMOUS



DISTRICT OF COLUMBIA

MEETING LIST

JULY 2025

SUGGESTIONS

Avoid People, Places, and Things You Used With or At

Come Early and Stay Late

Don't Use and Go to Meetings

Get and Use a Sponsor

Get a Home Group

Go to 90 Meetings in 90 Days

Use the Phone

Keep Coming Back, It Works

Get Involved In Service

Meetings Weekly: 144

THE TWELVE STEPS

1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
2. We came to believe that a Power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God as we understood Him.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. We were entirely ready to have God remove all these defects of character.
7. We humbly asked Him to remove our shortcomings.
8. We made a list of all persons we had harmed and became willing to make amends to them all.
9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
10. We continued to take personal inventory and when we were wrong promptly admitted it.
11. We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

Meeting Format Legend			
BEG	Beginners	BT	Basic Text
C	Closed	CH	Closed Holidays
CAN	Candlelight	DISC	Discussion
IP	IP Study	IW	It Works Study
JFT	Just for Today Study	M	Men
O	Open	VAR	Format Varies
SPK	Speaker	SWG	Step Working Guide Study
STEP	Step	TRAD	Tradition
TW	Traditions Workshop	W	Women
WC &	Wheelchair	ME	Meditation
QA	Question and Answer	CPT	12 Concepts
LIT	Literature Study	ASM	Area Service Meeting
WR	Writing Meeting	Pi	Pitch
ES	Espanol	VM	Virtual Web Meeting
PH	Phone Meeting	HY	Hybrid Physical/Virtual
LC	Living Clean Study	SPAD	Spiritual Principle A Day Book Study

WASHINGTON

Sun 7:00AM Open Door To Freedom , Church of the Epiphany, 1317 G St NW, Washington, DC, 20005 (BEG,O,STEP)
Sun 8:30AM Early Just For Today Check-in , Washington, DC, 20090 (C,JFT,VM)
Sun 9:00AM Sunday Morning Spiritual , Washington, DC, 20090 (DISC,O,TRAD,VM)
Sun 10:30AM 10:30 Coffee Hour , 5656A 3rd St. NE, Washington, DC, 20011 (DISC,O,WC &)
Sun 11:00AM Sunday Morning Steps & Traditions , Washington, DC, 20090 (O,VM)
Sun NOON Midday Meditations and Miracles , Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW, Washington, DC, 20009 (DISC,JFT,O,ME)
Sun 2:00PM Steppin' Into The Afternoon , Washington, DC, 20090 (C,STEP,VM)
Sun 2:00PM Where Healing Takes Place , Washington, DC, 20090 (C,DISC,SPK,VM)
Sun 5:30PM Progressive Recovery , Triangle Club, 1638 R St. NW #120, Washington, DC, 20009 (DISC,O,LIT)
Sun 7:00PM Clean On The Hill , Capitol Hill UMC, The entry door is on Seward Square SE. Please don't use the 5th ST Entrance, 421 Seward Square SE, Washington, DC, 20003 (C)
Sun 7:00PM Clean On The Screen , Washington, DC, 20008 (VM)
Sun 7:00PM Sunday Night Spiritual Group , St Mary's Church (Church Hall), 727 5th St. NW, Washington, DC, 20001 (O)
Sun 8:00PM Living Life on Life's Terms , Washington, DC, 20090 (C,DISC,STEP,VM)
Mon 8:30AM Early Just For Today Check-in , Washington, DC, 20090 (C,JFT,VM)
Mon 8:30AM Let Go and Let God I , Church of the First Born, 2451 Ainger Pl. SE, Washington, DC, 20020 (O,LIT)
Mon 10:00AM Fresh Start , St. Lukes Church, 4925 E Capitol St. NE, Washington, DC, 20019 (DISC,O)
Mon 10:00AM Just For Today , Washington, DC, 20090 (C,JFT,O,VM)
Mon 10:00AM We Still Need Help Group , Washington, DC, 20090 (C,VAR,SPK,VM)
Mon NOON Midday Meditations and Miracles , Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW, Washington, DC, 20009 (O)
Mon NOON New Hope , St. Martin's Church, N Capitol St side entrance. Last entrance of the building., 1908 N Capitol St. NW, Washington, DC, 20002 (DISC,O)
Mon NOON Noon Time is the Right Time , Washington, DC, 20090 (C,DISC,VM)
Mon 1:30PM Let Go and Let God II , Church of the First Born, 2451 Ainger Pl. SE, Washington, DC, 20020 (O,LIT)
Mon 2:00PM Steppin' Into The Afternoon , Washington, DC, 20090 (C,STEP,VM)
Mon 5:00PM Rush Hour , Washington, DC, 20090 (C,DISC,LIT,Pi,VM)
Mon 6:00PM 1-12 Step , Mt Moriah (except holidays), 1636 E Capitol St. NE, Washington, DC, 20003 (O,STEP)
Mon 6:30PM Redlight Recovery , Walker Memorial Baptist Church, 2020 13th St. NW, Washington, DC, 20009 (O)
Mon 6:30PM Southwest Serenity , James Creek House, We are meeting on holidays, 100 N St. SW, Washington, DC, 20024 (C,CH,STEP)
Mon 7:00PM Aging In Recovery , Washington, DC, 20020 (DISC,O,VM)
Mon 7:00PM Monday Night Step Meeting , St. Lukes Church, 4925 E. Capitol St. NE, Washington, DC, 20019 (LIT)
Mon 7:30PM Living Proof , 4201 Albemarle St. NW, Washington, DC, 20016 (O)
Mon 8:00PM Living Life on Life's Terms , Washington, DC, 20090 (C,DISC,STEP,VM)
Mon 8:00PM Monday Miracles Virtual , Washington, DC, 20090 (BEG,STEP,VM)
Mon 8:05PM Beachcombers, Too , Washington, DC, 20008 (BT,C,DISC,VM)
Tue 8:30AM Early Just For Today Check-in , Washington, DC, 20090 (C,JFT,VM)
Tue 8:30AM Let Go and Let God I , Church of the First Born, 2451 Ainger Pl. SE, Washington, DC, 20020 (O,LIT)
Tue 10:00AM Just For Today , Washington, DC, 20090 (C,JFT,O,VM)
Tue 10:00AM We Still Need Help Group , Washington, DC, 20090 (C,VAR,SPK,VM)
Tue NOON Midday Meditations and Miracles , Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW, Washington, DC, 20009 (O)
Tue NOON New Hope , St. Martin's Church, N Capitol St side entrance. Last entrance of the building., 1908 N Capitol St. NW, Washington, DC, 20002 (DISC,O)
Tue NOON Noon Time is the Right Time , Washington, DC, 20090 (C,DISC,VM)
Tue 1:30PM Let Go and Let God II , Church of the First Born, 2451 Ainger Pl. SE, Washington, DC, 20020 (O,LIT)
Tue 2:00PM Steppin' Into The Afternoon , Washington, DC, 20090 (C,STEP,VM)
Tue 5:00PM Rush Hour , Washington, DC, 20090 (C,DISC,SPK,VM)

THE TWELVE TRADITIONS

1. Our common welfare should come first; personal recovery depends on NA unity.
2. For our group purpose there is but one ultimate authority— a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for membership is a desire to stop using.
4. Each group should be autonomous except in matters affecting other groups or NA as a whole.
5. Each group has but one primary purpose—to carry the message to the addict who still suffers.
6. An NA group ought never endorse, finance, or lend the NA name to any related facility or outside enterprise, lest problems of money, property, or prestige divert us from our primary purpose.
7. Every NA group ought to be fully self-supporting, declining outside contributions.
8. Narcotics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.
9. NA, as such, ought never be organized, but we may create service boards or committees directly responsible to those they serve.
10. Narcotics Anonymous has no opinion on outside issues; hence the NA name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.
12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

WASHINGTON (CONT)

Tue 5:00PM The One Promise Group , CCNV, Parking & entrance in back at E Street Alley, 425 2nd St. NW, Washington, DC, 20001 (DISC,O,WC &)
Tue 5:30PM Write to Recover , Step writing will take place during this meeting. The meeting will be locked after the writing portion ends., Washington, DC, 20016 (DISC,STEP,WR,VM)
Tue 6:30PM Freedom To Change , St Martin's Church, 1908 N Capitol St. NW, Washington, DC, 20002 (O)
Tue 6:30PM Steps to the Courthouse , Washington, DC, 20090 (C,STEP,VM)
Tue 7:00PM Stepping Out of Trouble into Study , Washington, DC, 20011 (SWG,VM)
Tue 7:00PM The Last Shall Be First , The Harold J. Gordon Bldg., 124 15th St. SE, Washington, DC, 20002 (C,STEP,TRAD)
Tue 7:30PM Pure Uncut Literature Study Group of NA , Chevy Chase Presbyterian Church, Enter off Oliver St before Chevy Chase Cir.; There is a parking lot and street parking., 1 Chevy Chase Cir. NW, Washington, DC, 20015 (WC &,LIT)
Tue 8:00PM Living Life on Life's Terms , Washington, DC, 20090 (C,VM)
Tue 8:30PM Dupont Circle NA , Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW, Washington, DC, 20009 (O)
Tue 8:30PM Fire Barrel , Wesley UMC, Library on lower level; Plz use the Jenifer St. entrance., 5312 Connecticut Ave. NW, Washington, DC, 20015 (DISC,O,HY)
Wed 8:30AM Early Just For Today Check-in , Washington, DC, 20090 (C,JFT,VM)
Wed 8:30AM Let Go and Let God I , Church of the First Born, 2451 Ainger Pl. SE, Washington, DC, 20020 (O,LIT)
Wed 10:00AM Just For Today , Washington, DC, 20090 (C,JFT,O,VM)
Wed 10:00AM We Still Need Help Group , Washington, DC, 20090 (C,VAR,SPK,VM)
Wed NOON Midday Meditations and Miracles , Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW, Washington, DC, 20009 (O)
Wed NOON New Hope , St. Martin's Church, N Capitol St side entrance. Last entrance of the building., 1908 N Capitol St. NW, Washington, DC, 20002 (DISC,O)
Wed NOON Noon Time is the Right Time , Washington, DC, 20090 (C,DISC,VM)
Wed 1:30PM Let Go and Let God II , Church of the First Born, 2451 Ainger Pl. SE, Washington, DC, 20020 (O,LIT)
Wed 2:00PM Steppin' Into The Afternoon , Washington, DC, 20090 (C,STEP,VM)
Wed 5:00PM Rush Hour , Washington, DC, 20090 (C,DISC,VM)
Wed 6:00PM The How Group , Ambassador Baptist Church, 1412 Minnesota Ave. SE, Washington, DC, 20020 (BEG,IP,IW,M,O,STEP)
Wed 7:00PM Aging In Recovery , Washington, DC, 20020 (DISC,O,VM)
Wed 7:00PM From the Streets to the Seats , St. Francis Xavier Church, 2815 O St SE, Washington, DC, 20020 (C,STEP,TRAD,QA,LIT)
Wed 7:00PM SW Freeway , Westminster Presbyterian Church, Ground Level, 400 I St. SW, Washington, DC, 20024 (C,WC &)
Wed 7:00PM Ultimate Weapons , Washington, DC, 20090 (C,STEP,TW,CPT,LIT,VM)
Wed 8:00PM Living Life on Life's Terms , Washington, DC, 20090 (C,DISC,STEP,VM)
Wed 8:00PM Step Up , Washington, DC, 20008 (C,DISC,ME,LIT,VM)
Wed 8:00PM Wednesday Night Men's Rap (Keeping it Real) , Washington, DC, 20090 (M,O,VM)
Wed 8:30PM Conscious Contact Beginners , Wesley UMC, Meeting is Upstairs; use Connecticut Ave entrance, 5312 Connecticut Ave. NW, Washington, DC, 20015 (O,WC &)
Wed 9:00PM Miracle of Women , Washington, DC, 20090 (BEG,C,DISC,W,VM)
Thu 8:30AM Early Just For Today Check-in , Washington, DC, 20090 (C,JFT,VM)
Thu 8:30AM Let Go and Let God I , Church of the First Born, 2451 Ainger Pl. SE, Washington, DC, 20020 (O,LIT)
Thu 10:00AM Just For Today , Washington, DC, 20090 (C,JFT,O,VM)
Thu 10:00AM We Still Need Help Group , Washington, DC, 220090 (C,VAR,SPK,VM)
Thu NOON Midday Meditations and Miracles , Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW, Washington, DC, 20009 (O)
Thu NOON New Hope , St. Martin's Church, N Capitol St side entrance. Last entrance of the building., 1908 N Capitol St. NW, Washington, DC, 20002 (DISC,O)
Thu NOON Noon Time is the Right Time , Washington, DC, 20090 (C,DISC,VM)
Thu 1:30PM Let Go and Let God II , Church of the First Born, 2451 Ainger Pl. SE, Washington, DC, 20020 (O,LIT)
Thu 2:00PM Steppin' Into The Afternoon , Washington, DC, 20090 (C,STEP,VM)

WASHINGTON (CONT)

Thu 5:00PM Rush Hour, Washington, DC, 20090 (C,VM,LC)

Thu 5:30PM Whole Lava Love, Washington, DC, 20010 (O,VM)

Thu 6:00PM Open Doors, St. Martin's Church, 1908 North Capitol St. NW, Washington, DC, 20002 (O,STEP)

Thu 6:30PM Living Our Literature, The Festival Center + Virtual- Pilot of meeting merger January-March 2025, Parking behind building at 2612 Mozart Place (disregard no parking/towing signs), 1640 Columbia Rd. NW, Washington, DC, 20009 (O,STEP,TRAD,LIT,HY) *Park behind building 2612 Mozart Pl (disregard no parking/towing signs) pilot of meeting merger January to March 2025*

Thu 6:30PM Steps on the Hill, Washington, DC, 20090 (BEG,C,STEP,LIT,VM)

Thu 6:30PM Under New Management, Washington, DC, 20019 (C,STEP,TRAD,LIT,VM)

Thu 7:00PM Meeting on the Avenue, Wesley UMC, Library on lower level; plz use the Jenifer Street entrance, 5312 Connecticut Ave. NW, Washington, DC, 20015 (O)

Thu 7:00PM Stone Soul Recovery, Plymouth Congregation Church, 5301 North Capitol St. NE, Washington, DC, 20011 (O)

Thu 8:00PM Living Life on Life's Terms, Washington, DC, 20090 (C,DISC,STEP,VM)

Thu 8:30PM Men's Rap, West Side Club, 1341 Wisconsin Ave. NW, Washington, DC, 20007 (C,M)

Fri 8:30AM Early Just For Today Check-in, Washington, DC, 20090 (C,JFT,VM)

Fri 8:30AM Let Go and Let God I, Church of the First Born, 2451 Ainger Pl. SE, Washington, DC, 20020 (O,LIT)

Fri 10:00AM Just For Today, Washington, DC, 20090 (C,JFT,O,VM)

Fri 10:00AM We Still Need Help Group, Washington, DC, 20090 (C,VAR,SPK,VM)

Fri NOON Midday Meditations and Miracles, Dupont Circle Club, Above Mimosa Salon, 1623 Connecticut Ave. NW, Washington, DC, 20009 (O)

Fri NOON New Hope, St. Martin's Church, N Capitol St side entrance. Last entrance of the building., 1908 N Capitol St. NW, Washington, DC, 20002 (DISC,O)

Fri NOON Noon Time is the Right Time, Washington, DC, 20090 (C,DISC,VM)

Fri 1:30PM Let Go and Let God II, Church of the First Born, 2451 Ainger Pl. SE, Washington, DC, 20020 (O,LIT)

Fri 2:00PM Steppin' Into The Afternoon, Washington, DC, 20090 (C,STEP,VM)

Fri 5:00PM Rush Hour, Washington, DC, 20090 (C,DISC,VM)

Fri 5:00PM The What Can I Do Group, CCNV, Parking & entrance in back at E Street Alley, 425 2nd St. NW, Washington, DC, 20001 (O,WC &,LIT)

Fri 6:00PM Where Healing Takes Place, Washington, DC, 20090 (C,DISC,SPK,VM)

Fri 7:00PM Aging In Recovery, Washington, DC, 20020 (DISC,O,VM)

Fri 7:00PM Jump Start to Recovery, Incarnation Church, 880 Eastern Ave. NE, Washington, DC, 20019 (O,STEP,TRAD,WC &,LIT)

Fri 7:00PM Lighthouse, Israel Methodist CME Church, 557 Randolph St. NW, Washington, DC, 20011 (O,STEP,TRAD,WC &)

Fri 7:00PM O Street Steps, SOME, Dining Hall, 71 O St. NW, Washington, DC, 20001 (O,STEP,WC &)

Fri 7:00PM One Step at a Time, Washington, DC, 20090 (O,STEP,TRAD,VM)

Fri 7:00PM Regardless Of Sexual Identity, Washington, DC, 20090 (C,VM)

Fri 7:00PM Yellow Brick Road, Washington, DC, 20090 (O,VM)

Fri 7:30PM Clean Works, St Thomas' Parish, 3rd Floor, 1517 18th St. NW, Washington, DC, 20036 (DISC,O,LIT,HY)

Fri 8:00PM Help Somebody, Washington, DC, 20090 (BEG,O,VM)

Fri 8:00PM Living Life on Life's Terms, Washington, DC, 20090 (C,DISC,O,STEP,VM)

Fri 9:00PM Recovery Alley, St Stephen's Church (corner of 16th & Newton), 1530 Newton St. NW, Washington, DC, 20010 (C,HY)

Fri 9:00PM Solo Por Hoy, St. Stephens of the Incarnation, Sanctuary, 1525 Newton St NW, Washington, DC, 20010 (O,LIT,ES,HY)

Fri 10:00PM Late Nite Friday Nite, St Alban's Church, 3001 Wisconsin Ave. NW, Washington, DC, 20016 (DISC,JFT,O,WC &)

Sat 7:00AM Saturday Morning Relief, Washington, DC, 20001 (O,VM)

Sat 8:30AM Early Just For Today Check-in, Washington, DC, 20090 (C,JFT,VM)

Sat 9:00AM Better Way, Washington, DC, 20090 (O,VM,PH)

Sat 9:30AM Women with a Purpose, Washington, DC, 20020 (C,IP,STEP,TRAD,W,LIT,VM)

Sat 10:00AM Can't Do It Alone Women's Rap, Washington, DC, 20090 (DISC,JFT,O,STEP,TRAD,W,VM,LC,SPAD)

Sat 10:30AM Come Clean to Stay Clean, Emmanuel Baptist Church, 2409 Ainger Pl. SE, Washington, DC, 20020 (O)

WASHINGTON (CONT)

Sat 11:30AM Men Under Construction, United Medical Center, 1310 Southern Ave. SE, Washington, DC, 20032 (DISC,M,O,WC &)

Sat 11:30AM Saturday Morning Women's Rap, Washington, DC, 20090 (C,VAR,W,VM)

Sat NOON Mount Olivet Recovery, Mount Olivet Church, 1306 Vermont Ave NW, Washington, DC, 20005 (DISC,O,WC &)

Sat NOON Women's Step and Tradition, Washington, DC, 20090 (C,STEP,TRAD,W,VM)

Sat 1:30PM All Inclusive Group, 938 Rhode Island Ave. NE, Washington, DC, 20017 (O)

Sat 1:30PM NA group at The Metropolis Club, The Metropolis Club, 938 Rhode Island Ave. NE, Washington, DC, 20002 (O)

Sat 2:00PM Steppin' Into The Afternoon, Washington, DC, 20090 (C,STEP,VM)

Sat 2:00PM Where Healing Takes Place, Washington, DC, 20090 (C,DISC,SPK,VM)

Sat 6:00PM The Uptown Group, 1908 North Capitol St. NW, Washington, DC, 20002 (O)

Sat 7:00PM 818 Miracles, Washington, DC, 20001 (O,STEP,TRAD,VM)

Sat 7:00PM Illness In Recovery, Washington, DC, 20090 (DISC,O,VM)

Sat 7:30PM Hope Fiends, Triangle Club, 1638 R St. NW #120, Washington, DC, 20009 (CAN,O,HY)

Sat 8:00PM Gift of Life, St. Martin's Church, 1908 N Capitol St. NW, Washington, DC, 20002 (O,STEP,TRAD,WC &,HY)

Sat 8:00PM Living Life on Life's Terms, Washington, DC, 20090 (C,DISC,O,STEP,VM)

Sat 8:05PM Beachcombers Electric Coffee Test Pure Spiritual Progress Underground NA Group, St Alban's Church, 3001 Wisconsin Ave. NW, Washington, DC, 20016 (BT,C,DISC,WC &)

Sat 9:00PM Miracle of Women, Washington, DC, 20090 (BEG,C,DISC,W,VM)